

# Mark Your Calendar!

## ICADV June Training

NEEDING TO EXHALE: HOW PROVIDERS GET THEIR GROOVE BACK!

### *Sponsors*

Indiana Coalition Against Domestic Violence  
IFSSA

### *Date, Time and Location*

June 22, 2006

9:00-4:00

Indiana Community Action Assoc.  
(Across the parking lot from ICADV)

### *Training Description*

Over thirty years ago, leaders of the domestic violence movement launched a revolution in creative response to violence against women, including legislation and public awareness. They placed safe shelter and victim advocacy at the heart of their efforts; these services have evolved over the decades into holistic programs for and sustained support within the community. Although these efforts have dramatically improved the lives of trauma survivors across the globe, we are ready for the next revolution in victim services: the opportunity to examine ourselves within the work and to improve our practices in the process. Although work with trauma survivors is an immensely rewarding career, we are often impacted personally by hearing the repeated stories of trauma from our clients, a phenomenon called vicarious trauma (VT). VT has been deemed an occupational hazard for trauma workers in recent research. As part of our ethical duty to clients and our own efforts toward professional development and personal growth, we must better recognize our experience with and response to VT. Drawing on her experience in the domestic violence field and a careful review of the literature, the presenter will consider innovative changes—big and small—for the organization and promising practices for the individual. Integrating the information, we will create a model for actively responding to VT. The efforts might be life sustaining—and revolutionary—for clients and advocates alike.

# *Pr esent er*

Tisha Pletcher is a personal coach who works with people to craft the lives they want, both personally and professionally. After years as an administrator and trainer for the Kentucky Domestic Violence Association (KDVA) and fundraiser for the Indianapolis Museum of Art (IMA), Tisha launched Renewal Coaching in 2003.

## *Training Fee*

ICADV Provider and Partner Members FREE

ICADV Personal Members \$10

NON-Members \$15

## *To Register*

Watch your mail for the training brochure and for an upcoming registration email!